



Job Description

Job Title:	Specialist Mentor – LifeLinks Low Level Mental Health
Responsible to:	Service Co-ordinator
Salary:	SCP: 19 – 22 (£17,802 - £19,621) pro rata
Hours:	18

Job Purpose

To provide mentoring, enabling and/or peer support to adults with low level mental health issues to enable them to retain or re-establish sustainable links within their wider communities through participation in mainstream activities and by supporting service users to develop sustainable relationships, social networks and peer support.

1. To provide mentoring and enabling support on both a one to one and small group basis within a person centred approach which will support service users to increase their confidence and feel supported in engaging and developing links within their wider communities
2. To provide support to service users to enable service users to develop supportive peer networks.
3. To develop personal action plans with service users, ensure this is regularly monitored, reviewed and amended as appropriate. To maintain accurate and up to date records of service provided
4. To liaise and work with community organisations and agencies to facilitate and support the involvement of adults with low level mental health issues within community activities
5. To provide input into the development and publicity activities including outreach work
6. To contribute to promotional and publicity activities including outreach work
7. To contribute to monitoring and evaluation and review of the service
8. To maintain accurate and up to date records of service provided
9. To work effectively and flexibly as part of a county wide service and team, contributing to the development of consistent service delivery, systems and standards
10. To provide, as required, reports to the management team
11. To work within Onside's stated values, principles, policies and procedures including adherence to Confidentiality and Equal Opportunities.



12. To demonstrate a commitment to personal and organisational development

While the job description provides the main duties and responsibilities for the position, it is not limited to and as such employees are expected to carry out any additional duties pursuant with their skills and abilities. The above may be subject to change and alteration from time to time with the prior agreement of the job holder.

Signed..... Date.....

Print Name.....



Person Specification

Specialist Mentor – LifeLinks Low Level Mental Health

Qualifications

Essential:

- Good general standard of education

Desirable:

- Mentoring qualification

Experience

Essential:

- Experience of working with adults with low level mental health issues
- Some experience of working in a mentoring role
- Some experience of group/peer facilitation
- Some experience of carrying out assessments
- Networking and liaising with a range of individual and organisations in both the voluntary and statutory sector
- Recording, monitoring and evaluating service delivery, including computer based systems
- Working within and contributing to a team

Skills

Essential:

- Good communication and interpersonal skills
- Research and information gathering
- Able to network and build effective working relationships
- Able to work on own initiative and manage own time
- Assessment of individuals and their needs
- Monitoring and evaluation of the effectiveness of service provided
- Working in an empowering and pro-active way which builds confidence and skills of individuals
- Able to write and present reports
- Maintaining boundaries and ensuring clarity and understanding of the mentoring role

Desirable:



- Able to use a range of communication methods to meet the varying needs of service users

Knowledge

Essential:

- Understanding and knowledge of the role, practice and principles of mentoring
- Issues affecting the lives of vulnerable and/or, disadvantaged adults specifically low level mental health issues
- Issues relating to empowerment and disempowerment
- Accessible communication methods
- Equal Opportunities and Diversity

Desirable:

- Local and national organisations and services relevant to service users
- Social and health care systems and processes
- A working knowledge of relevant legislation including Disability Discrimination Act, Data Protection

Other Requirements

- This post involves work and travel within Worcestershire and some flexibility will be required.
- A current driving license and access to a vehicle for use in the role is essential

Onside People:

- are **passionate** about what they do
- **value difference**
- are **creative** in their approach
- are committed to **fairness and justice**