

Free Advocacy service for people detained under the Mental Health Act

You are entitled to IMHA support if you are:

- **Detained under the Mental Health Act (even if you are on leave under Section 17)**
- **On a conditional discharge**
- **Subject to guardianship**
- **On a supervised community treatment order**
- **Being considered for S57 or S58A treatment**
- **Under 18 and being considered for Electro-convulsive therapy**

Onside is a well established local charity covering Herefordshire & Worcestershire and has extensive experience in supporting people experiencing mental ill health.

Tel: 01905 27525

Email: imha@onside-advocacy.org.uk

Web: www.onside-advocacy.org.uk



Would you like to talk to an advocate about your treatment and care?

You may:

- **Feel overwhelmed or confused about your situation**
- **Be unsure about your rights or where to get information**
- **Find it hard to say how you feel**

An Independent Mental Health Advocate (IMHA) can help you:

- **Understand your rights and options**
- **Appeal your detention**
- **Understand any medical treatment that you are receiving**
- **Request leave**
- **Access a solicitor**
- **Speak to medical staff about any worries or concerns**
- **Complain if you feel you have been poorly treated**
- **Support you with decisions relating to your aftercare**

Advocates do not work for the NHS or any other authority so you can be sure that they will be completely on your side. We are independent and our discussions with you are confidential