

# **VOLUNTEER TO HELP PEOPLE IN YOUR AREA**

**YOU COULD HELP TO TRANSFORM PEOPLES LIVES**

**We have some amazing opportunities across our projects,  
here are just some examples of how you could get involved:**



**MENTOR AND SUPPORT  
SOMEONE TO BUILD  
THEIR CONFIDENCE**

**ACCOMPANY PEOPLE  
TO ACTIVITIES**

**HELP PEOPLE WITH  
THEIR MENTAL HEALTH**

**PROVIDE A  
VULNERABLE PERSON  
WITH A VOICE**



**CONNECT PEOPLE TO  
THEIR LOCAL  
COMMUNITIES**

**SUPPORT OUR DEMENTIA  
& COMMUNITY CAFES**



**Call our Volunteer Team on  
01905 27525 or email  
[volunteering@onside-advocacy.org.uk](mailto:volunteering@onside-advocacy.org.uk)**

 **ONSIDE**  
PASSIONATE ABOUT EQUALITY

**Charity no: 1102022**