

VOLUNTEER TO HELP PEOPLE IN YOUR AREA

YOU COULD HELP TO TRANSFORM PEOPLES LIVES

**We have some amazing opportunities across our projects,
here are just some examples of how you could get involved:**



**MENTOR AND SUPPORT
SOMEONE TO BUILD
THEIR CONFIDENCE**

**ACCOMPANY PEOPLE
TO ACTIVITIES**

**HELP PEOPLE WITH
THEIR MENTAL HEALTH**

**PROVIDE A
VULNERABLE PERSON
WITH A VOICE**



**CONNECT PEOPLE TO
THEIR LOCAL
COMMUNITIES**

**SUPPORT OUR DEMENTIA
& COMMUNITY CAFES**



**Call our Volunteer Team on
01905 27525 or email
volunteering@onside-advocacy.org.uk**

 **ONSIDE**
PASSIONATE ABOUT EQUALITY

Charity no: 1102022