**Onside Community Mental Health Link Worker**

**Job Description**

**Responsible To:** Wellebing Development Manager

**Responsible For:** N/A

**Location:** Based at GP surgeries across The Rurals PCN Inc Great Witley, Martley and Knightwick OR Based at GP surgeries across The Wyre Forrest PCN OR Based at GP surgeries across Malvern PCN

**Overall Purpose**

The post holder will work directly with patients to support their needs relating to social factors, wellbeing and wider determinants of health. They will facilitate one point of access for patients accessing voluntary sector mental health provision and signposting

Patients facing low level mental ill health will have the opportunity to access one to one or group interventions that aim to equipment them with coping strategies and mechanisms for self-help Patients can access support at all stages of their recovery journey and will be able to benefit from opportunities for peer support

This role will be instrumental in enabling patients to link up all elements of treatment and support and help them to navigate both primary and secondary mental health services

**Key responsibilities are to:**

1. Facilitate one point of access for VCSE support and signposting Triage patients and provide signposting information
2. Build and coordinate relationships with the wider mental health team, practice staff, neighbourhood teams and other key services and professionals
3. Provide care navigation and facilitate access to community support, activities and advice.

Ensure support in relation to mental ill health meets patient needs relating to social factors, wellbeing and wider determinants of health

1. Develop both individual and group Peer Support options
2. Provide personalised one to one support to individuals using a range of evidence-based tools to improve their mental health
3. Work closely with all key staff in GP practices, attending relevant meetings and becoming part of the wider network team to encourage referrals and ensure that there is a clear understanding of the role of a Community Mental Health link Worker
4. Work as an integral part of the new Community Mental Health Transformation programme, feedbacking back as appropriate and contributing to the implementation of this new way of working
5. Assist patients to link up and coordinate all elements of their treatment and support available including wider community support, information and advice
6. Equip patients with preventative coping mechanisms for low level mental health conditions eg stress at work, first presentation of low mood / anxiety symptoms etc
7. Provide Facilitated self-help support for people on long waiting lists, or people who have had support from secondary care in the past and want to refresh their skills
8. Help people to identify any wider issues which are impacting on their health and wellbeing, such as debt, loneliness, diet, physical activity or poor housing and make referrals to the Social Prescribing and Lifestyle Advice services
9. To manage and prioritise caseload, in accordance with needs, priorities and urgent support required by individuals
10. To refer people back to other health professionals/agencies where appropriate
11. To seek regular feedback about the quality and impact of the service and prepare and provide regular written and verbal feedback and reports on performance
12. To use appropriate systems for data capture, case management, feedback and reporting, to include Carenotes, adhering to data protection legislation and data sharing agreements
13. To work as part of the team to seek feedback, continually improve the service and contribute to business planning

**Other Responsibilities:**

* This role will involve working in different locations, and will require you to travel across the county including isolated rural areas. The ability and means to travel independently across Worcestershire is essential.
* There may be occasional evening and weekend work which will be considered as part of your normal working hours.

**In addition, all Onside employees are expected to:**

* Work within the organisation’s stated principles and values, adhering at all times to the organisational policies, procedures and guidelines
* Demonstrate a commitment to equal opportunities, social inclusion and individual empowerment
* Show a commitment to personal, professional and organisational development.
* Contribute to organisational promotional and networking activities.
* Work flexibly and co-operatively with colleagues to support the needs of the organisation and assist with wider social prescribing services as required

**Onside People:**

* are **passionate** about what they do
* **value difference**
* are **creative** in their approach
* are committed to **fairness and justice**

While the job description provides the main duties and responsibilities for the position, it is not definitive and employees are expected to carry out any additional duties compatible with their skills and abilities. The above may be subject to change and alteration from time to time with the prior agreement of the job holder.

Signed ………………………………………………....

Date .......................................................................

Print Name …………………………………………………