**Wellbeing & Emotional Support Practitioner**

**(School Based)**

**Job Description**

**Responsible To:** CYP Programme Manager

**Responsible For:** Volunteers

**Location:** Based within High Schools & Middle Schools across Worcestershire

**Overall Purpose**

To play a key role in an exciting new service, designed to improve the wellbeing and emotional resilience of children adolescents and young people within high schools and middle schools across Worcestershire. This specialist practitioner role will work on a one-to-one basis to provide a diverse and broad range practical and emotional support options for children, young people, and their families.

The Wellbeing and Emotional Support Practitioner will empower children and young people to focus on what matters to them. They will facilitate a range of interventions and strategies to tackle issues such as harmful behavior and self harm, navigating relationships, family conflict, anxiety, low level mental ill health, problems at school, caring responsibilities and exam stress.

**Key responsibilities:**

* To provide personalised one to one support for individuals to improve their mental health and wellbeing using a range of evidence-based tools
* To develop and implement monthly mental wellbeing drop-in sessions for students to find out more about the service, book appointments and receive further information
* To support and encourage young people to take on board safety messages in relation to risk taking behaviour and own vulnerability, including self-injury, offending behaviour, CSE, CCE and other
* To prepare and plan individual sessions that meet the needs of students receiving support
* To manage and triage referrals from within their allocated schools
* To work with students to produce a personalised plan designed to tackle issues impacting on their wellbeing, address unmet needs and improve their mental health
* To manage and prioritise a caseload, in accordance with needs, priorities and urgent support required by individuals
* To build effective relationships with key staff in schools and other educational settings, attend relevant meetings and events and become embedded within the wider educational team
* To seek regular feedback about the quality of services and the impact on children adolescents and young people worked with, prepare, and provide both written and verbal feedback and reports on performance
* Maintain and update levels of knowledge and understanding of issues relevant to young people’s lives through research, eLearning, and training courses
* To work with the Onside Volunteer Coordinator to recruit and support volunteers to facilitate, engage and mentor children, young people, and families to access community groups and services
* To use appropriate systems for data capture, case management, feedback and reporting and adhere to data protection legislation and data sharing agreements
* To work as part of the team to ensure continual service improvement and contribute to business and service planning
* Implement and adhere to all Safeguarding and Health and Safety Policy/Service Guidelines appropriate to the settings worked within including risk assessments.
* To work collaboratively, provide consistency and facilitate a joined-up approach to support with other professionals/agencies where appropriate
* To work closely with delivery partner Action for Children to facilitate cross working and consistency of provision

**Key Tasks/Activities of the role**

* Provision of one-to-one support session for children adolescents, young people, and their families if appropriate.
* Facilitate peer support groups for children/ young people
* Provide mentoring on a one-to-one basis as required
* Provide informal mediation between children and parents to rebuild, strengthen and cement family relationships
* Co-ordinate the services of other specialist agencies as appropriate to meet the needs of the child
* Work closely with schools to ensure a joined up and consistent approach to support the needs of children, young people, and their families
* Support children to participate in activities within their community to build confidence and self esteem
* Link young people, parents, and children with other services as appropriate including Early Intervention Family Support
* Support, children, adolescents, and young people to make decisions around the type of support required that best meets their mental health and wellbeing needs

**Please note**

* There may be occasional evening and weekend work which will be considered as part of your normal working hours. E.g., parents’ evenings open events etc.
* This role is not restricted to school hours and term time only. Within some schools it is necessary to support students after school and during the school holidays
* A specific work pattern will be negotiated with the successful candidates in consultation with the school or schools they will be working with

**In addition, all Onside employees are expected to:**

* Work within the organisation’s stated principles and values, adhering at all times to the organisational policies, procedures and guidelines
* Demonstrate a commitment to equal opportunities, social inclusion and individual empowerment
* Show a commitment to personal, professional and organisational development.
* Contribute to organisational promotional and networking activities.
* Work flexibly and co-operatively with colleagues to support the needs of the organisation and assist with wider social prescribing services as required
* Take responsibility for safeguarding appropriate to your role and raise any potential concerns with the Onside Safeguarding and Professional Guidance Lead.

**Onside People:**

* are **passionate** about what they do
* **value difference**
* are **creative** in their approach
* are committed to **fairness and justice**

While the job description provides the main duties and responsibilities for the position, it is not definitive and employees are expected to carry out any additional duties compatible with their skills and abilities. The above may be subject to change and alteration from time to time with the prior agreement of the job holder.

Signed ………………………………………………....

Date .......................................................................

Print Name …………………………………………………